

Being Friends Together: a map of the four core themes

Themes	Pathways (with catalogue number)	Steps
Being in the world together	A Brief Introduction To Testimony (W0)	<ol style="list-style-type: none"> 0. Introduction 1. What is Quaker Testimony? 2. Attending to what Love Requires: discernment, grace and leadings 3. The Prophetic Voice: speaking and acting in truth 4. Grounding our Witness in Worship 5. Further exploration
	Economic Justice (W1)	<ol style="list-style-type: none"> 0. Introduction 1. What is Quaker testimony? 2. The spiritual roots of our concern for economic justice 3. Economic justice issues and myths 4. Getting inspired: visions, leadings and ideas 5. Planning and taking action 6. Communicating and campaigning 7. Grounding our witness in worship 8. Further exploration
	Sustainability (W2)	<ol style="list-style-type: none"> 0. Introduction 1. What is Quaker testimony? 2. The spiritual roots of our commitment to sustainability 3. Being aware of the issues 4. Getting inspired: visions, leadings and ideas 5. Planning and taking action 6. Communicating and campaigning 7. Grounding our witness in worship 8. Further exploration
	Peace (W3)	<ol style="list-style-type: none"> 1. Introduction 2. What is Quaker testimony? 3. The spiritual roots of the peace testimony 4. Peace issues and Quaker work 5. Visions and leadings 6. Taking action for peace 7. Communicating and campaigning for peace 8. Being peace: grounding our witness in worship 9. Further exploration
	Simplicity (W4)	<ol style="list-style-type: none"> 0. Introduction 1. What is Quaker testimony? 2. Exploring simplicity 3. Further exploration

Growing as community together	Being Community: welcome, warmth and wholeness (C1)	<ol style="list-style-type: none"> 0. Introduction 1. Being a Community 2. Inclusiveness and Belonging 3. Communicating as Friends 4. Living Creatively with Conflict 5. Transformative Community 6. Food, Fun and Fellowship 7. Further exploration
	Gifts, Ministry and Leadership (C2)	<ol style="list-style-type: none"> 0. Introduction 1. Ministry and Calling 2. Quaker Leadership: a shared responsibility 3. Eldership and Oversight, Nominations and Service 4. Knowing our Gifts 5. What is Your Ministry? 6. Equipping for Ministry 7. Further exploration
	Knowing Each other in the Things that are Eternal ...and Everyday (C3)	<ol style="list-style-type: none"> 0. Introduction 1. Getting to Know Each Other 2. Being Quaker: what does it mean for us? 3. Inreach and Outreach 4. Different Expressions of Quaker Community 5. Our Ministry in the Wider Community 6. Knowing Each Other in the Things that are Eternal...and Everyday 7. Further exploration

Deepening the life of the Spirit together	Exploring Quaker Spirituality (S1)	<ol style="list-style-type: none"> 0. Introduction 1. What is Quaker Spirituality? 2. The Inward Teacher 3. Being Transformed 4. The Sacred in the Everyday 5. That of God in Everyone 6. Our Own Spirituality 7. Further exploration
	Spiritual Practice and Prayer (S2)	<ol style="list-style-type: none"> 0. Introduction 1. What is Spiritual Practice or Prayer About? 2. Meeting the Spirit at Work in Our Lives 3. Mindfulness and Contemplation 4. Using our Bodies and Creativity in Prayer 5. Words, Stories and Sound 6. Holding in the Light 7. What Has Spoken to Me? 8. Further exploration
	The Importance of Worship (S3)	<ol style="list-style-type: none"> 0. Introduction 1. Meeting for Worship and Quaker Silence 2. Ministry in Meeting for Worship 3. Discipline, Discernment & Leadings 4. Meeting for Worship for Business 5. New Expressions of Quaker Worship 6. All Age Worship 7. Further exploration

Exploring our living tradition together	Quaker Approaches to Jesus and the Bible (T1)	<ul style="list-style-type: none"> 0. Introduction 1. Jesus: who do we say that he is? 2. Quaker Approaches to the Bible 3. Ways of Engaging with the Bible 4. Ways of Engaging with the Bible 5. Ways of Engaging with the Bible 6. Our Own Sacred Scripture 7. Further exploration
	The Quaker Way: rooted in Christianity, open to new light (T2)	<ul style="list-style-type: none"> 0. Introduction 1. Rooted in Christianity 2. Open to New Light: a living tradition 3. A Friendly Diversity 4. Speaking of God or Not 5. Commitment and Common Ground 6. Sharing Our Own Quaker Faith 7. Further exploration
	Quaker Stories, History and Roots (T3)	<ul style="list-style-type: none"> 0. Introduction 1. Origins: the opening chapters of the Quaker story 2. Listening to Early Friends 3. Stories of 18th to 20th Century Friends 4. Stories of 18th to 20th Century Friends 5. Historic Quaker Witness in the World 6. Testimonies to the Grace of God in the Lives of Individual Friends 7. Further exploration

Ways of working	(WOW)	<ul style="list-style-type: none"> 1. Practical preparations before you start your learning sessions 2. Guidelines for facilitators 3. Ways of working with groups 4. Individual or 1:1 reflective processes 5. Introductory and concluding session outlines