

Being Friends Together

Ways of Working > Ways of Working with Groups

Reflecting on a book

If you decide to hold a series of sessions reflecting on a book, there are a few decisions to make as well as the usual practicalities of venue, times, etc. You may prefer to make these decisions in advance, or leave to a conversation at your first session together:

1. Choose a book from the list of suggested titles below, or one you know will be of interest to Friends in your meeting. Each group member will need a copy so that they can read the relevant passages or chapters between sessions. Second-hand copies of books can often be obtained online, or you could order a set from the Quaker Centre
e: quakercentre@quaker.org.uk t: 0207 663 1030/1031
2. With most books, a chapter per week/session works well, but you may feel that the chapters in your book are of such a length that a different division is preferable.
3. You may like to ask one or two people to facilitate the whole series of learning sessions, or you may prefer to rotate the facilitator role around the whole group

Session outline

Below is a session outline for a 90-minute session, which gives a pattern that can be followed throughout your series of book-based reflective sessions.

Opening worship	5 mins
Brief go-round about how Friends are/any personal news	10 mins
Reflecting on the book	65 mins
a. A recap from a facilitator/volunteer about the last chapter/passage studied	<i>5 mins</i>

<http://together.woodbrooke.org.uk>



Being Friends Together is a joint project of Woodbrooke Quaker Study Centre (Registered Charity Number: 313816) and Britain Yearly Meeting of the Religious Society of Friends (Quakers) (Registered charity number: 112763).



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- b. Time in pairs or threes reflecting on the main issues, challenges, questions, insights arising from the chapter or passage read for this week. Note down highlights for sharing in the whole group. *20 mins*

- c. Time to reflect in the whole group, either in discussion or worship-sharing mode (and this could change from session to session according to your preference). *40 mins*

Notices about next session/practicalities, etc. **5 mins**

Concluding worship **5 mins**



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