

Being Friends Together

Ways of Working > Ways of Working with Groups

An opportunity for discussion session

This session offers Friends an opportunity to listen to, read or watch something relating to your theme, then to discuss your own responses and understanding.

Before you start, choose a text extract, video or audio resource from the list of options given in the pathway – or select one of your own. If you are using a text extract, each group member will need a copy. You may wish to make these available in advance, especially for longer extracts so that Friends can read them before the session. If you are using an audio or video resource, ensure you have the means to play it to the group during your session. Whatever kind of resource you are using, check that anyone with particular needs in your group is able to access it, or has a version that is accessible for them.

Before the session it may be helpful to remind yourself of the guidance on facilitating a discussion from our Ways of Working area.

Session outline

Below is a session outline for a 90-minute session.

Opening worship	5 mins
<i>Brief go round about how Friends are/any personal news</i>	10 mins
Reading/viewing/listening	10–15 mins
<ul style="list-style-type: none">• Play any video or audio resource.• Read aloud any text resource. Depending on the length of the extract, the facilitator(s) could read it out, or it could be read round the group with each person reading a paragraph. Make it clear that it's ok to pass if, for any reason, someone does not wish to read.• Remember to ensure that anyone with particular needs is able to access the resource or has a version that is accessible for them.	
Discussion	50 mins

Depending on the size of your group, you may start at step 1 or go straight to step 2. For groups of more than ten people, it is best to allow some time in small group discussion first to ensure that everyone gets a chance to be heard.

<http://together.woodbrooke.org.uk>



Being Friends Together is a joint project of Woodbrooke Quaker Study Centre (Registered Charity Number: 313816) and Britain Yearly Meeting of the Religious Society of Friends (Quakers) (Registered charity number: 112763).



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1. Time in small groups of 4-5 reflecting on the main issues, challenges, questions, insights arising from the focus material. Note down highlights for sharing in the whole group. *20 mins*

2. Time to reflect in the whole group, in discussion mode. *30 mins*

Notices about next session/practicalities, etc. **5 mins**

Concluding worship **5 mins**



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