

# Being Friends Together

Ways of Working > Guidelines for Facilitators

## Group learning agreement – young people or all age from 12 years

The aim of this activity is for participants to agree a common and equal way of journeying together. Using the acronym RESPECT participants should contribute definitions for each word below, that would help the group work together (examples of what might be written are included in brackets).

**Respect** (each other's boundaries, confidentiality)

**Equality** (space for all contributions)

**Sharing** (learn from each other)

**Participate** (all to contribute and share experiences)

**Enjoy** (getting to know each other better)

**Communicate** (being aware of how my communication affects others)

**Timing** (be prompt after breaks).

It is very easy to say that there will be equal space for contributions but what does this actually mean in practice? How will you respond as a group when the agreement has been broken? Being clear from the start ensures that everyone understands and is agreeing to the same thing.

For cards with each of these words on, go to [www.quaker.org.uk/participation-materials](http://www.quaker.org.uk/participation-materials) and select 'Starting Points: Respect cards'.

<http://together.woodbrooke.org.uk>



Being Friends Together is a joint project of Woodbrooke Quaker Study Centre (Registered Charity Number: 313816) and Britain Yearly Meeting of the Religious Society of Friends (Quakers) (Registered charity number: 112763).

