



Reflection points

Gifts

Prepare an envelope for each young person (or use wrapping paper if you are so inclined). Have a range of 'gifts' from nice sweets or bars and attractive stones at one extreme and then bits of dirt or a horrid chunk of concrete at the other, with a range of things in between.

Give these out with some ceremony, saying that you have a gift for each person. Hand them out saying that no-one should open them until you say so. When all have their gifts ask them to open them one at a time. Then have a short period when you say it is a time for them all to enjoy their gifts.

After this ask people to share honestly how they felt about their gift, especially in the light of seeing others gifts. Ask people to reflect on what was said during the opening of the gifts and what happened. Did anyone offer to swap or share? Were people happy for others or concerned for others? Did the distribution of gifts feel random or did some people feel like they had been chosen for special gifts or not so special gifts?

How do people see this exercise as a reflection of what happens in the world or within the UK? How has the experience helped them to understand more about what it feels to be privileged or unfairly treated? Ask them to reflect on what they might have done differently within the sharing of gifts time.