



Journeys in the Spirit

Children's work

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Further information and resources

Websites:

World Happiness Report - <http://tinyurl.com/6w2s28s>

Happiness Research:

a graphic of what was counted in the UK government survey is at:

<http://tinyurl.com/q7p8caw>

A graphic of the results of the UK government survey:

<http://tinyurl.com/oy7thjn>

www.happyplanetindex.org/

<http://www.betterworld.net/quotes/index.htm> and click on the happiness option

Books

The Pursuit of Happiness - A History from the Greeks to the Present Darrin McMahon

The Happiness Hypothesis - Jonathan Haidt

The Antidote Happiness for People who can't stand Positive Thinking - Oliver Burkeman

Be Happy - Robert Holden

The Thinking Person's Guide to Happiness - Ruth Secole