



Journeys in the Spirit

Children's work

January 2013

Issue 71

Topical activity

Looking forward in a new year



As adults we are can often be preoccupied with bad news or problems or worries.

Here we suggest a simple conversation about things that make children happy or that they are looking forward to – it can be a good conversation for adults to have too.

Ask the question – ‘what happy things are you looking forward to this year or this week, month or in the holidays.’ Another question could be, ‘what happy things would you like to tell us about?’

If you would like to explore the bigger questions about what makes us happy have a look at *Journeys in the Spirit* children's work issue 46 about ‘What makes us happy?’ looking at Advice and Queries 39. This can be downloaded at: <http://www.quaker.org.uk/journeys-spirit-46>

