



# Journeys in the Spirit

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A simple plan for an all-age Meeting for Worship

**Preparation** – You will need some pipe cleaners in a variety of different colours. You could also use some pieces of wool in different colours and, depending on the age of the children in your meeting, some coloured beads (avoid using these if there are children under 3 years who might swallow them). You will also need to prepare to tell the story of Ruth. This story could be shared in the same way as it has been shared in the children's meeting, using any of the suggestions in Additional resource 112.A or it might be read very simply. Ask some children or adults to prepare to share the story during Meeting for Worship.

## During the meeting

Begin with a time of silence, then welcome everyone to worship. Explain that children's meeting has been looking at the Bible story of Ruth, which reminds us of how hope, love and kindness can be found in turbulent times. Invite those who have prepared to share the story of Ruth to do so.

Afterwards, invite everyone to use the pipe cleaners to make friendship bracelets by plaiting them, winding coloured strands of wool around them or threading beads onto them. Encourage everyone to think about who might appreciate receiving the gift of a bracelet and, more importantly, the gift of friendship. Children might like to make two bracelets; one to keep and one to give to a friend.

Wait for any ministry that arises.

