

Journeys in the Spirit

Children

Sheet 15.A Engage Where in the world is Phaphama?



United Kingdom



Phaphama
Awake

Journeys in the Spirit

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Sheet 15.B Engage Talking with each other

- Here are 12 different words for hello in four of the languages spoken in South Africa. Print or copy the words – they could be made into simple badges using card, safety pins and masking tape to hold the pins on the back of the badges.
- Give one to each person in your group – if you have young children who cannot read or are not confident readers, pair them with an older child or an adult. Don't tell any body what the words mean.
- Stand everybody in two lines facing each other or in a circle facing inwards.
- On your instruction ask each person or pair to say their word and keep saying it lots of times without stopping or asking the other person what is being said. This is serious and for this first time of doing it there is to be no laughing or giggling.
- Stop the talking and ask everybody what that was like. Listen to the answers and then explain that it was done to show how hard Phaphama has to work to get people to understand each other – even with simple words.
- Say their word means 'hello' in the language written on their paper, card or badge.
- Give the instruction to start again but this time there can be smiling and giggling.
- Their paper, card or badge can be taken into main meeting to share with others.



Venda (said by man) Ndaa	Venda –(said by woman) Aah
Zulu Sawubona	Zulu Sanibonani
Tsonga (morning) Abusheni	Tsonga (afternoon) Inhelekani
Tsonga (evening) Riperile	Sesotho Lumela
Sesotho (to several people) Lumelang	Sesotho (to an elder woman) Lumela 'me

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Sheet 15.C Respond Helping people talk with each other

These are based on Phaphama activities and they could be used in one children's meeting or two.

I am a special person.

In the whole group ask everybody to think of:

'One thing I like about myself is'. Read or say your sentence in the group.

Then say:

- 'We are all special in our own way. We are all unique human beings; not only are we special on the outside because we all have our very own unique appearance; we are also special on the inside because we have our own special talents which we can share with the people around us'. Then, in the whole group, ask everybody to:
 - Think of a time when someone told you something good about yourself. What did this person say to you? How did you feel?
 - Now draw 1,2 or 3 pictures of your own, which show what you can do well. Write one sentence under each picture.
 - Using your pictures, tell the group what you are good at.
 - Imagine you are looking into a mirror at yourself. Now draw and cut out a flower and in the flower write down one thing you like about the way you look. Use the shapes on this page.

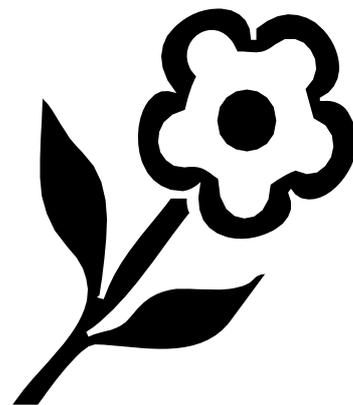
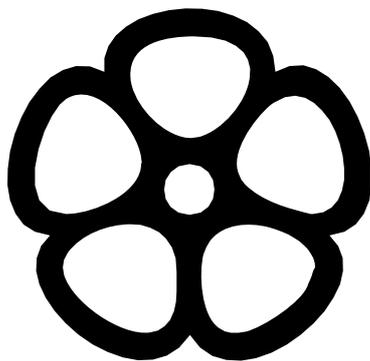
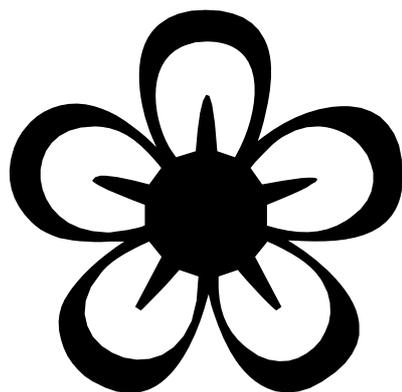
You are a special person.

In the whole group say:

'Everybody has special gifts and talents. It is good if we can tell people about the special things we see in them, because this will make them want to use their talents even more. But sometimes we forget to tell the people we see every day – our friends and family – how much we admire and respect them.'

Now ask each person to:

- Write down or say one thing they like about each person in your group. Write these down.
- Now ask each person in your group to give each person a gift by telling him or her what they like about him or her.



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Sheet 15.D Respond Helping people stop hurting each other

Let us try and think about our own attitudes to conflict by reflecting on the following story. Perhaps this could be acted in small groups or in front of your group:

- **Lindiwe** opens her lunch box at school and finding some of it gone; she asks angrily, "Who took my lunch without asking?"
- In anger, **Lindiwe** shouts at an alarmed **Thabo**, "I know, it's you! You always take my things without asking."
- That afternoon at **Thabo's** house: **Thabo's** sister comes to talk to him 'Thabo, can you help me with my reading please?'
- **Thabo** responds crossly, "Go away and leave me alone – I had a bad day at school today."
- **Thabo's sister** stands forlornly in the garden, crying pulling the flowers off the bush, saying "I just wanted help with my reading."

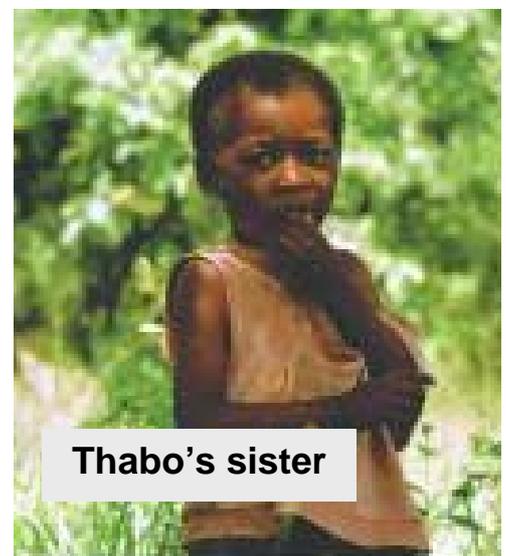


Surprised

Hurt

Pushed away

Angry



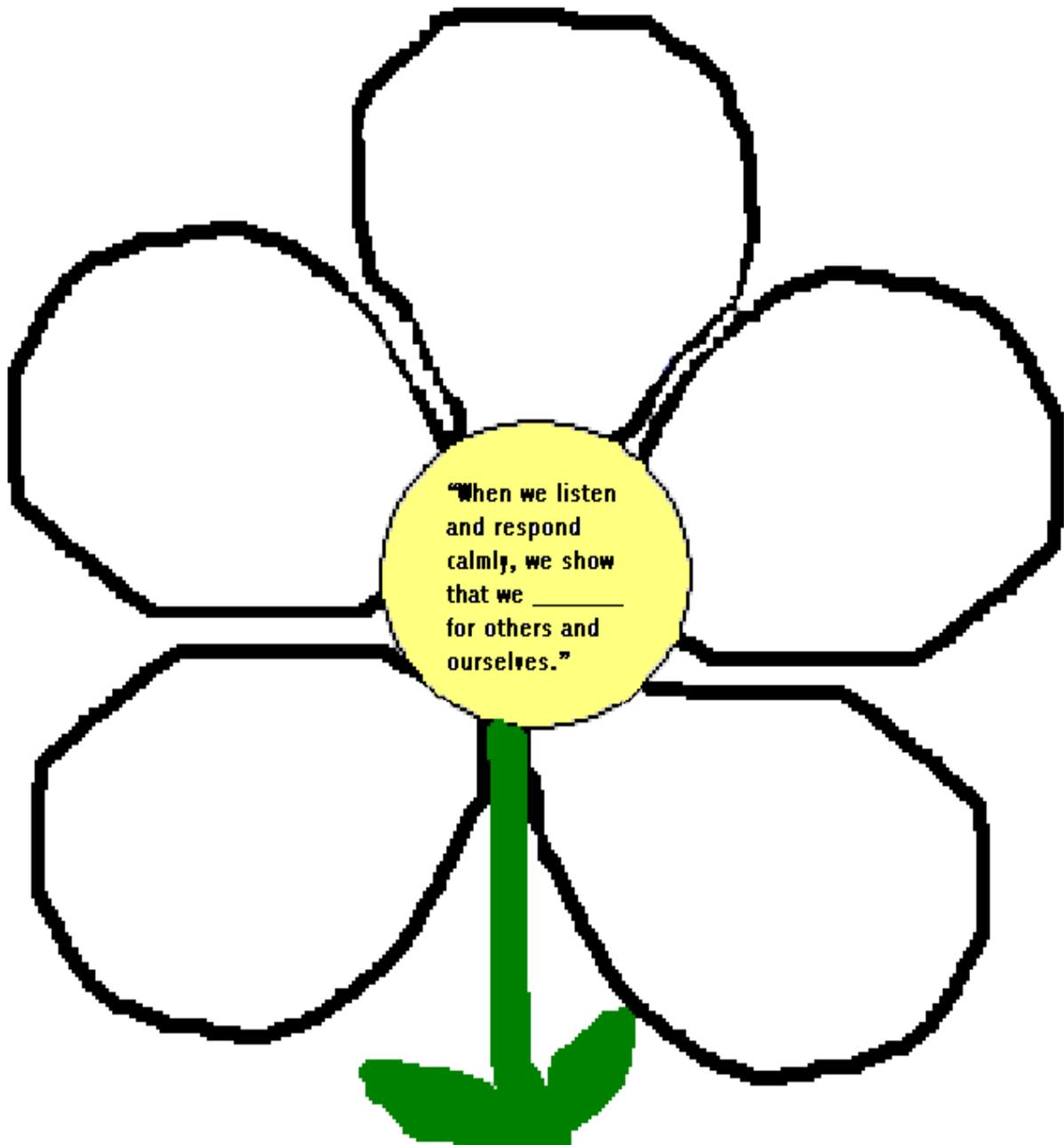
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Sheet 15 .E Respond Helping people stop hurting each other

Print or copy enough flowers for everybody.



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Sheet 15.F Ongoing activity Yearly Meeting What can we do?



Peace



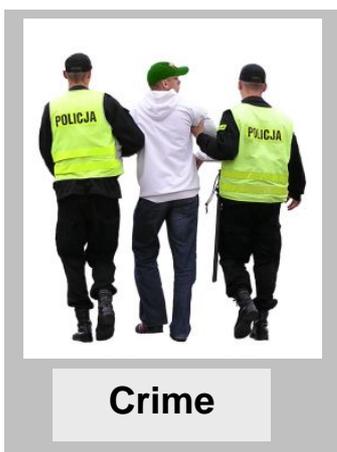
Speaking out



The earth



Being friendly



Crime



God in each of us

I wonder:

- Which of these is most important to you?
- Which of these could you help with?
- Which of these do you want Quakers to do most about?
- Which of these do you want your meeting to do things about?